

1. Say this, out loud. Don't be shy:

Boots and Cats and Boots and Cats and Boots and Cats

Make the "B" of boots and "C" of cats stand out.

Now make the "T" sounds really hiss with some air and it will sound like a drum beat. You've performed your first beatbox!

Amazing!

2. Now say:

Bacon! Butter! Beans! How loud can you make it? Keep practising your sounds!